**ANNIE LAROCHE**

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CAFÉTÉRIA Chez Annie

# SEPTEMBER 2020

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| | ***1***<br>Macaroni and cheese<br>Chick peas salad | ***2***<br>Grilled cheese<br>Greek potatoes<br>Corn salad and black beans | ***3***<br>Spaghetti<br>Garlic bread | ***4***<br>Chicken burger<br>Green salad |
| ***7***<br>CLOSED | ***8***<br>Fish sticks<br>Rice and vegetables | ***9***<br>Sheppard's pie<br>Vegetables | ***10***<br>Hamburger<br>Greek potatoes<br>House salad | ***11***<br>Meat macaroni<br>Raw veggies |
| ***14***<br>Meatballs in gravy<br>Rice, corn and sauted peppers | ***15***<br>Penne with Italian sausages<br>Yellow zucchini and red pepper sauce | ***16***<br>Chicken vol au vent<br>Mashed potatoes<br>Veggies | ***17***<br>Pizza sub<br>Cesar salad | ***18***<br>Chicken nuggets<br>Pasta salad<br>Raw veggies |
| ***21***<br>Sausages<br>Rice and vegetables | ***22***<br>Meat lasagna<br>Cesar salad | ***23***<br>Hot ham<br>Crushed potatoes<br>Mixed vegetables | ***24***<br>Macaroni and ham with alfredo sauce<br>Raw veggies | ***25***<br>CLOSED |
| ***28***<br>Pork medaillons<br>Rice and vegetables | ***29***<br>Warm ham & cheese croissant<br>Rice au gratin | ***30***<br>Chicken skewer<br>Rice and sautéed veggies | | |

- ✓ Price: 5,50$ for a plate if ordered at the beginning of the month; $6.00 if ordered that day.
- ✓ The vegetables and trimmings may vary everyday.
- ✓ Please note that credits will not be given if your child is absent for any reason, if your child is on a field trip or if the school closes for any reason, including snow storms.

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**Student's name:** _____ **Grade (number or teacher):** _____

Please circle the days your child will be eating at the cafeteria and return this section to school.
For those who wish to have a bigger portion, the fees are $1.00 and $0.50 for more milk.

FOOD ALLERGIES (indicate on every order form): _____

Parent's email: _____ ☐ *Check the box if it's a new email*

**PAYMENT**: ☐ Interac ☐ Check ☐ Cash

**SCHOOL:** ☐ St-Vincent ☐ Everest

**ADDITIONS:** ☐ Milk ($1/day) ☐ Appetizer ($1/day) ☐ Dessert ($0,50/day)

**_____PLATE AT 5,50$ + ADDITIONS_____ $= TOTAL _____ $**
**(include $ or check payable to Annie Laroche)**
*If you pay with interac, please send your payment on the same day as you send your coupon.*

| SEPTEMBER 2020 | | | | |
|---|---|---|---|---|
| X | 1 | 2 | 3 | 4 |
| X | 8 | 9 | 10 | 11 |
| 14 | 15 | 16 | 17 | 18 |
| 21 | 22 | 23 | 24 | X |
| 28 | 29 | 30 | X | X |

** For last minute lunch orders, send **$6.00** (include cash or a check payable to Annie Laroche - do not forget to write your child's name on the check), along with a note indicating your child's name and grade number.*

**To see the full menu, visit our website: [www.cafeteriachezannie.com](http://www.cafeteriachezannie.com)**